



Appendix B:

Crisis Binder & Digital Vault

Front Pocket Documents

Essential Documents

- ☐ Power of Attorney
- ☐ Health Card
- ☐ Medication List
- ☐ Allergy List
- ☐ Insurance Card
- ☐ Benefits Information
- ☐ Emergency Contacts
- ☐ Most Recent Discharge Summary

Section 1 – Legal

- POA Property
- POA Personal Care

- Advance Directives
- Will
- Guardianship Documents

Section 2 – Medical

- Diagnoses
- Surgeries
- Allergies
- Specialist Contacts
- Medication History
- Imaging Reports
- Lab Results

Section 3 – Insurance

- Benefit Booklet
- Policy Numbers
- Claims Forms
- Disability Information

Section 4 – Financial

- Banking Information
- CRA Information
- Disability Applications
- Government Programs

Section 5 – Advocacy Journal

Date | Time | Who | Discussion | Action Item |
Follow-Up